

Introducing North Idaho Wellness Check

Reduce potentially avoidable admissions, increase patient self-management, and enhance patient experience with automated phone calls and text messages.

Here's how CareSignal can help your patients:

COPD

59%

Reduction in COPD Hospitalizations

Heart Failure

62%

Reduction in Heart Failure Hospitalizations

Hypertension

50%

Improved to Controlled Blood Pressure

Clinical Validation

13

Peer-Reviewed Publications

Post Discharge

3HRS

Average Outreach Time from Reception of Discharge List

How CareSignal Works to Impact Outcomes Without Creating Additional Work for Providers

CareSignal Programs and Dashboard

Figure 1

Proactive Monitoring

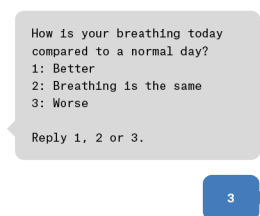


Figure 2

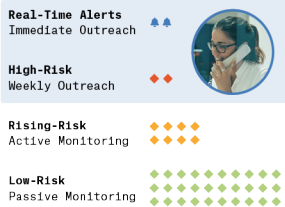
Risk Stratification



Dashboard Monitor

Figure 3

Triaged Outreach



Key to an Enhanced Patient Experience

“It makes me more aware of my breathing instead of just ignoring it, figuring it will just get better. I'll actually stop and do a treatment.”
– COPD Patient

“It helped me to become more conscious of taking my weight and evaluating my physical status”.
– CHF Patient

“Keeps me on a routine blood pressure monitoring schedule. I have been consistently taking it at the same time every day”.
– Hypertension Patient

North Idaho Wellness Check is a free program which helps Kootenai Care Network to support patients with easy-to-use, automated text messages and phone calls. Patients report clinically relevant, condition-specific information back to our care team.

North Idaho Wellness Check stratifies our patients based on their responses and provides proactive, clinically-actionable information. CareSignal has over 30 condition-specific programs and 13 peer-reviewed publications.

Kootenai Care Network will use North Idaho Wellness Check to support patients with the following chronic conditions: Heart Failure, COPD, and Depression.

Kootenai Care Network uses North Idaho Wellness Check to identify patients whose conditions are worsening. They perform proactive patient outreach to provide timely care and education. The North Idaho Wellness Check care team intervenes before patients' health worsens.

Patient Enrollment is Completely Voluntary:

How do patients enroll?

- Kootenai Care Network will identify eligible patients on our health plans and our staff will contact them to enroll.

Benefits of North Idaho Wellness Check to Your Patients:

- Quickly access care between appointments and reduce trips to the office.
- All data is updated in their North Idaho Wellness Check chart and can replace physical diaries or mobile apps.
- Convenient, straight-to-the point, condition-specific messages.
- The program is free for our patients.

If you have any questions about your population's eligibility, patients that have received outreach about the program, or would like more information or have questions about CareSignal and Kootenai Care Network, please contact:

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